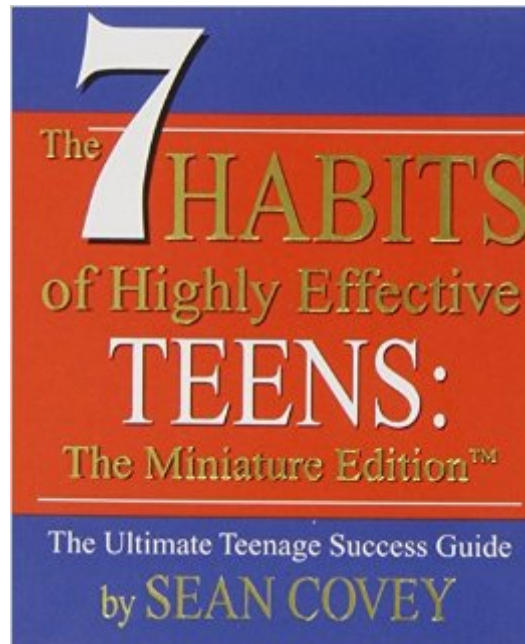


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# The 7 Habits Of Highly Effective Teens: The Miniature Edition



## Synopsis

Based on his father's bestselling *The 7 Habits of Highly Effective People*, Sean Covey applies the same principles to teens, using a vivacious, entertaining style. To keep it fun, Covey writes, he "stuffed it full of cartoons, clever ideas, great quotes, and incredible stories about real teens from all over the world... along with a few other surprises." Did he ever! Flip open to any page and become instantly absorbed in real-life stories of teens who have overcome obstacles to succeed, and step-by-step guides to shifting paradigms, building equity in "relationship bank accounts," creating action plans, and much more. As a self-acknowledged guinea pig for many of his dad's theories, Sean Covey is a living example of someone who has taken each of the seven habits to heart: be proactive; begin with the end in mind; put first things first; think win-win; seek first to understand, then to be understood; synergize; and sharpen the saw. He includes a comical section titled "The 7 Habits of Highly Defective Teens," which includes some, shall we say, counterproductive practices: put first things last; don't cooperate; seek first to talk, then pretend to listen; wear yourself out... Covey's humorous and up-front style is just light enough to be acceptable to wary teenagers, and down-and-dirty enough to really make a difference.

## Book Information

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## Customer Reviews

I read this book in 7th grade at the age of 12, and I loved it. I thought it was very well-written and witty. Now, as a 19 year old, I recently finished rereading this book just because I found it as I was cleaning out my bookshelf, and I have to say...it's not bad, but it's not that good. I think, perhaps, as

the author was aiming for a lower age bracket, he accidentally aimed a little too low. Here's my breakdown: Pros: - Book is much shorter than the 7 Habits of Highly Effective People yet still conveys the same ideas. - The writing style is pretty straightforward. - It offers a lot of examples from teens and a lot of illustrations. Cons: - Book becomes more and more condescending as it goes on. - At some points, there are just too many examples, and many are rather impersonal--they don't offer the kind of detail that would make a reader actually care. Some of the examples even contradict the Habits. - A lot of the illustrations are kind of lame (I remember thinking this back at the age of 12, as well). The charts are fine, but most of the cartoons on the side just aren't funny. - The information in the book is all very intuitive. I think I will read the 7 Habits of Highly Effective People to see how I feel about it. As for the 7 Habits of Highly Effective Teens, I have to say... 1) Do not force a teen to read a self-help book. I've seen that in most of the negative comments, people were forced to read this book for a class in school. I think doing so even goes against the Habits. If you genuinely care about someone's problems, maybe read through the Habits yourself and practice them.

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